Hey Kids! I want all of you to be Super Friends! That means being kind to everyone and respecting others.

You can do this by:

- Stopping and thinking before saying something that could hurt someone else's feelings
- Remembering that everyone is different and being different is what makes all of us special
- Apologizing to anyone you might have bullied in the past

You should always treat others how you want to be treated!

If you or someone you know are being bullied, talk to an adult you trust for help.

